Community Health Sciences M140 / Asian American Studies M129
Health Issues for Asian Americans and Pacific Islanders: Myth or Model?

Winter Quarter 2015
Tues/Thurs 10:00-11:50am
CHS 41-268

INSTRUCTOR: Marjorie Kagawa Singer, RN, MN, PhD, FAAN
Professor, Fielding School of Public Health

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Phone: (310) 825-9481
E-mail: mkagawa@ucla.edu
Office Hours: Tues 12:30-1:30 / Wed 1:15-2:15

SPECIAL READER: Andrew Do
E-mail: andrewhdo@ucla.edu
Office Hours: Wed 2:00-3:00 / Thurs 12:00-1:00

NO REQUIRED TEXTBOOK: All readings are available on the class website.

CLASS WEBSITE: https://moodle2.sscnet.ucla.edu/course/view/15W-ASIAAMM129-1

REQUIREMENTS:

Class attendance and discussion 10%

Readings 30%

A two- to four-page reaction paper is due each Thursday. You must write about a minimum of two readings per session, not including the one-page articles – i.e. discuss at least two readings from the Tuesday lecture and two readings from the Thursday lecture. Analyze and reflect on the personal impact these writings have on you, and cite the specific readings that evoked these responses. Include four suggestions for future study generated by the readings.

Three-level group paper and presentation 30%

Individual papers (5-7 pages) on your assigned level are due on the day of your group presentation.

This project requires that you work in groups of three. You will take one topic from the list of lectures (or a topic on which your group is interested in reporting, with approval of the instructor). Prepare a group presentation representing three levels of analysis: 1) macro level or environmental/societal/policy issues which contribute to the incidence or prevalence of the disease or condition; 2) mid-level or the epidemiology of the condition and community agency efforts; and 3) micro-level or personal interviews with individuals who either are involved in
treat the disorder or have the disorder, and how they manage within the current health care structure.

The presentations will be limited to about 15 minutes each, depending upon the size of the class. Rehearse your presentation to fit into 12 minutes and leave a few minutes for questions. A five-page report must be submitted by each student on their section of the presentation.

Your presentation will be evaluated by the professor, the TA, and your peers on the following criteria:

• Material was well organized
• Material was highly relevant
• Speakers were concerned about student learning
• Speakers welcomed students asking questions or seeking help
• Speakers were able to answer and clarify questions
• Speakers had good communication skills
• Audience learned something they consider valuable
• Audience overall rating of the speakers

Final paper 30%

10-15 pages in length, on a topic related to Asian American health issues in one population.

Suggested Format:

I. Problem Statement

II. Background
   a. Definition
   b. Epidemiology
   c. Literature Review

III. Application to the AAPI Community or specific AAPI group of your choice

IV. Description of model program(s)

V. Your analysis
   a. What exists now and then
   b. Your analysis of what should be done

Each topic must be approved by the instructor by January 29, 2015 (Th).

Please begin this paper early.
Due on Tuesday, March 17, 2015, by 3:00 PM.
<table>
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<tr>
<th>Learning Objectives</th>
<th>Competencies</th>
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| Describe the health status of the fastest-growing minority group in the United States | \( SBS \ #2 \) Identify causes of social and behavioral factors that affect health  
\( SBS \ #6 \) Describe the role of social and community factors in both the onset and solution of public health problems  
\( DC \ #1 \) Describe the roles of history, power, privilege and structural inequality in producing health disparities  
\( DC \ #3 \) Explain why cultural competence alone cannot address health disparity  
\( PP \ #1 \) Describe how social, behavioral, environmental, and biological factors contribute to specific individual and community health outcomes  
\( ST \ #6 \) Explain how the contexts of gender, race, poverty, history, migration, and culture are important in the design of interventions within public health systems  
\( ST \ #8 \) Analyze inter-relationships among systems that influence the quality of life of people in their communities |
| Delineate areas of need in the delivery of care and research regarding the health needs of Asian American (AA), Native Hawaiian and Other Pacific Islanders (NHOPI) | \( HP&M \ #1 \) Identify the main components and issues of the organization, financing and delivery of health services and public health systems in the U.S.  
\( HP&M \ #2 \) Describe the legal and ethical bases for public health and health services  
\( SBS \ #2 \) Identify causes of social and behavioral factors that affect health  
\( SBS \ #3 \) Identify individual, organizational and community concerns, assets, resources, and deficits for SBS interventions  
\( SBS \ #10 \) Specify multiple targets and levels of intervention for social and behavioral science programs and/or policies  
\( DC \ #1 \) Describe the roles of history, power, privilege and structural inequality in producing health disparities |
| Introduce a multidisciplinary model that would closely integrate research and practice with a holistic approach to health care in AA/NHOPIs | \( SBS \ #1 \) Identify basic theories, concepts and models from a range of social and behavioral disciplines that are used in public health research/practice  
\( SBS \ #2 \) Identify causes of social and behavioral factors that affect health  
\( SBS \ #4 \) Identify critical stakeholders for the planning, implementation and evaluation of public health programs, policies, and interventions  
\( SBS \ #6 \) Describe the role of social and community factors in both the onset and solution of public health problems  
\( DC \ #6 \) Apply the principles of community-based participatory research to improve health in diverse populations  
\( P \ #9 \) Embrace a definition of public health that captures the unique characteristics of the field and how these contribute to professional practice |
| Introduce how community-based services address the specific needs of the diverse AA and NHOPI populations | \( SBS \ #3 \) Identify individual, organizational and community concerns, assets, resources, and deficits for SBS interventions  
\( SBS \ #6 \) Describe the role of social and community factors in both the onset and solution of public health problems  
\( CI \ #2 \) Describe how societal, organizational, and individual factors influence and are influenced by public health communications  
\( DC \ #3 \) Explain why cultural competence alone cannot address health disparity  
\( DC \ #8 \) Differentiate among availability, acceptability, and accessibility of health care across diverse populations |
| **Introduce how community-based services address the specific needs of the diverse AA and NHOPI populations (continued)** | (continued) DC #9 Cite examples of situations where consideration of culture-specific needs resulted in a more effective modification or adaptation of a health intervention  
**P #10** Appreciate the importance of working collaboratively with diverse communities and constituencies  
**ST #6** Explain how the contexts of gender, race, poverty, history, migration, and culture are important in the design of interventions within public health systems  
**ST #8** Analyze inter-relationships among systems that influence the quality of life of people in their communities |
| Provide a cross-culturally applicable theoretical framework within which to study health concerns of Asian Pacific Americans | **SBS #5** Describe steps and procedures for planning, implementation and evaluation of public health programs, policies and interventions  
**SBS #6** Describe the role of social and community factors in both the onset and solution of public health problems  
**DC #3** Explain why cultural competence alone cannot address health disparity  
**DC #5** Use the basic concepts and skills involved in culturally appropriate community engagement and empowerment with diverse communities  
**DC #2** Explain how professional ethics and practices relate to equity and accountability in diverse community settings  
**P #9** Embrace a definition of public health that captures the unique characteristics of the field and how these contribute to professional practice  
**P #10** Appreciate the importance of working collaboratively with diverse communities and constituencies  
**ST #6** Explain how the contexts of gender, race, poverty, history, migration, & culture are important in the design of interventions within public health systems  
**ST #8** Analyze inter-relationships among systems that influence the quality of life of people in their communities |
| Present the advocacy and policy issues for the AA and NHOPI | **HP&M #1** Identify the main components and issues of the organization, financing and delivery of health services and public health systems in the US  
**HP&M #9** Communicate health policy and management issues using appropriate channels and technologies  
**L#1** Describe the attributes of leadership in Public Health  
**L#2** Describe alternative strategies for collaboration and partnership among organizations, focused on public health goals  
**SBS #6** Describe the role of social and community factors in both the onset and solution of public health problems  
**SBS #10** Specify multiple targets and levels of intervention for social and behavioral science programs and/or policies  
**DC #2** Explain how professional ethics and practices relate to equity and accountability in diverse community settings  
**P #9** Embrace a definition of public health that captures the unique characteristics of the field and how these contribute to professional practice  
**P #10** Appreciate the importance of working collaboratively with diverse communities and constituencies |

*HP&M: Health Policy & Management; SBS: Social & Behavioral Sciences; CI: Communication & Informatics; DC: Diversity & Culture; L: Leadership; P: Professionalism; PP: Program Planning; ST: Systems Thinking*
Select at least 2 of the journal or chapter articles per lecture to read and respond to in your reaction papers.

| Week 1 | January 6 | Overview of course topics, speakers, assignments and expectations. Marjorie Kagawa Singer, PhD |

Readings:


Who are the Asian Americans and Pacific Islanders? 
What makes them a unique group? 
Where do the statistics come from? 

Introduction to the Centers on Asian Pacific Health Research on campus:
Asian American Studies Center
National Research Center for Asian American Mental Health–UCD
Syncretic Medicine Clinic at UCLA
Multi-Campus Research Program

Readings:


The Kaiser Family Foundation and APIAHF. Race, Ethnicity and Health Care Fact Sheet. April 2008.


Week 2  January 13  Race/Ethnicity and Ethnic Identity, Counting and Comparing
Marjorie Kagawa Singer, PhD

Readings:


January 15  Cancer in Asian Americans
Héctor E. Alcalá, MPH, CPH

Readings:


Harrison GG, Kagawa-Singer M, Foerster SB, Lee H, Kim LP, Nguyen T-U, Fernandez-Ami A, Quinn V, Bal DG. Seizing the moment: California’s opportunity to prevent nutrition-related

Ka'opua LS. Training community practitioners in a research intervention: practice examples at the intersection of cancer, Western science, and native Hawaiian healing. Cancer Control 2003;10(5 Suppl):5-12.


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<tr>
<th>Week 3</th>
<th>January 20</th>
<th>Aging and API Health Issues</th>
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<td></td>
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<td>Danielle E. Rose, PhD</td>
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Readings:


Wergowske G, Blanchette, PL. Health and Health Care of Elders from Native Hawaiian and other Pacific Islander Backgrounds. Curriculum in Ethnogeriatrics at Stanford University, Published online October 1, 2001.

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<th>January 22</th>
<th>Defining Culture for Health Research</th>
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<td>Marjorie Kagawa Singer, PhD</td>
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Readings:

**No readings for this session. If you wrote about another set of readings in your reaction paper, please inform the Professor or TA.**

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<th>WEEK 4: FINAL PAPER TOPICS DUE – THURSDAY, JANUARY 29</th>
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<td><em><strong>Please submit your final paper topics for instructor's suggestions and approval</strong></em></td>
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Week 4 January 27 HIV/AIDS and LGBTQI Issues among APIs
Armand (Army) Cachero

Readings:


Gupta N. First National Conference on HIV/AIDS and South Asians in the US.


**January 29** Pacific Islanders and Health  
Alisi Tulua, MS

**Readings:**


Week 5    February 3    Diabetes in Asian Americans and Pacific Islanders – An Emerging Epidemic
Peter A. Singer, MD

Readings:


February 5  Southeast Asian Health and Mental Health
Mary Anne Foo, MPH

Readings:


Week 6  February 10  AANHPI Substance Use and Abuse and Problem Gambling
Myron Quon, Esq.

Readings:


Kuramoto F. As the governor has cut Prop 99 more teens smoke (graph); Data source: Calif. Dept. Health Services.


NAPAFASA. Alcohol problems among Asian and Pacific Islanders (fact sheet).

NAPAFASA. Dispelling the myth regarding alcohol, tobacco and other drug use by Asian and Pacific Islanders (fact sheet).


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<th>February 12</th>
<th>Community Advocacy for API: Policy Implications</th>
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<td>Duyen Tran, MPH</td>
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**Readings:**


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<th>Week 7</th>
<th>February 17</th>
<th>STUDENT PRESENTATIONS</th>
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<th>February 19</th>
<th>STUDENT PRESENTATIONS</th>
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<th>Week 8</th>
<th>February 24</th>
<th>Impact of Discrimination on Mental Health of the “Model Minority”</th>
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<td>Gilbert Gee, PhD</td>
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**Readings:**


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**February 26  Adolescent Medicine**

Joyce Javier, M.D.

**Readings:**


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**Week 9 March 3**

**Hepatitis B & C: Routes of Transmission and Sequelae in Asian Populations**

*Steven Han, MD (To Be Confirmed)*

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**Readings:**


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<th>March 5</th>
<th>API Mental Health Issues</th>
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<td>Terry Gock, PhD</td>
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Readings:


Week 10  March 10  Language Barriers in Health Care Settings
Tania Rodriguez (To Be Confirmed)

Readings:


Mui AC, Kang SY, Kang D, Domanski MD. English language proficiency and health-related quality of life among Chinese and Korean immigrant elders. Health Soc Work 2007 May;32(2):119-27. (Note: this is also in Dr. Ash’s presentation section.)


March 12  STUDENT PRESENTATIONS
Final Lecture and Review
Marjorie Kagawa Singer, PhD

Finals Week: Final Papers Due on Tuesday, MARCH 17
***Please submit your final paper in CHS 41-240 by 3:00 pm***