

## SPECIALIZATION IN THE AREA OF

### Health Promotion / Health Education

This information sheet is for Masters degree students in the Department of Community Health Sciences who are considering specializing in Health Promotion/Health Education. The HP/HE specialization emphasizes community-level health promotion and disease prevention interventions through empowerment; leadership development; community organization; coalition building; cultural competency; program planning, implementation, and evaluation; policy development; health communication; and health behavior change.

HP/HE is a CEPH (Council on Education for Public Health)-accredited track with course content based on specific skills and competencies. Health Education is an established specialty within public health; our HP/HE program corresponds to job descriptions in state and local health departments of a health educator with an MPH degree, as well as to national labor bureau standards. The program we describe will also prepare you for the CHES (Certified Health Education Specialist) exam, a nationally recognized certification program. Many HP/HE employers now require CHES.

Faculty affiliated with HP/HE (Drs. Glik and Prelip) will be happy to advise you on course selections and encourage you to select courses that will qualify you as a HP/HE Specialist when you graduate with your MPH degree. In addition to the core courses required for the Masters degree, we suggest that you take at least 16-20 course credit units from the list on the following page.

Upon completion of 16-20 units from the above list, students should contact the Community Health Sciences Student Affairs Officer to receive a letter outlining the specialization. For those who plan to apply for the CHES exam, the letter may be used as one of the documents needed to confirm exam eligibility. To be eligible for the student fee (as much as \$70 less than the nonstudent fee), registration for the CHES exam should be submitted while still an enrolled student.

- CHS 200 - Global Health Problems
- CHS 205 - Immigrant Health
- CHS 213 - Research in Community and Patient Health Education
- CHS M216 - Qualitative Research Methodology
  - Same as Anthropology M284A
- CHS 220 - Racism and Public Health: Social Epidemiologic Approaches
- CHS 224 - Social Determinants of Nutrition and Health
- CHS 229 – Policy and Public Health Approaches to Violence Prevention
- CHS M228 - Introduction to Mixed Methods Research
  - Same as Health Policy and Management M228
- CHS M234 - Obesity, Physical Activity, and Nutrition Seminar
  - Same as Health Policy M255
- CHS 235 - Influence of Social and Physical Environment on Racial Health Disparities
- CHS 238 - Evolving Paradigms: Interventions in Adolescence
- CHS 240 - Child and Reproductive Health in Communities: Global Environmental Perspectives
- CHS M256 - Interdisciplinary Response to Infectious Disease Emergencies
  - Same as Medicine M256
  - Same as Nursing M298
  - Same as Oral Biology M256
- CHS 257 - Program Planning in Community Disaster Preparedness
- CHS 271 - Health-Related Behavior Change
- CHS M272 - Social Epidemiology
  - Same as Epidemiology M272
- CHS 276 - Complementary and Alternative Medicine
- CHS 282 - Communication in Health Promotion and Education
- CHS 283 – Evidence Based Health Promotion Programs for Older Adults
- CHS 288 - Health Communication in Popular Media
- CHS 292 - Communication and Media Development in Health Promotion/Education
- CHS 296 - Advanced Research Topics in CHS - Public Health Critical Race Praxis
- CHS M411 - Issues in Cancer Prevention and Control
  - Same as Health Policy M411
- CHS M430 – Building Advocacy Skills: Reproductive Health Focus
  - Same as Healthy Policy M434
- CHS 431 - Foundations of Reproductive History
- CHS 440 - Public Health and National Security at U.S.-Mexico Border
- CHS 441 -Planning & Evaluation for Global Health Problems
- CHS CM470 - Improving Worker Health: Social Movements, Policy Debates, and Public Health
  - Same as Environmental Health Sciences M471
  - Same as Urban Planning M470
- CHS 484 - Risk Communications
- CHS 485 - Resource Development for Community Health Programs
- CHS 487 - Community Organization for Health
- HPM 266A - Community-Based Participatory Health Research: Methods and Applications
- HPM 266B - Community-Based Participatory Health Research: Methods and Applications